



The Spa

at Burntwood Court
beauty and relaxation



The Club

at Burntwood Court
health and fitness

The Club at Burntwood Court is quite simply one of the most exclusive and technologically advanced health and fitness centres in the north of England. Take advantage of the superb facilities at **The Club** as an integral part of your experience at **The Spa**.

“The facilities are out of this world”



The centrepiece of **The Club** is the extensive fitness suite which includes 95 stations of cardio vascular and resistance equipment. All are linked to the unique Wellness Integrated Workout Solution which provides perfectly tailored programmes to suit individual needs.

Whether it's relaxation or exercise you're after, the 20m swimming pool and Spa pool are perfect for both. Fitness and spinning classes are also available as well as a free weights zone and boxing training area.

A licenced lounge with free internet terminals and restaurant offer a relaxed atmosphere to complete your visit to **The Club at Burntwood Court**.

The Spa at Burntwood Court is a very special place where the emphasis is on relaxation and pampering. Our team of experienced and highly qualified beauty therapists are committed to using techniques that can invigorate, stimulate, energise or simply help you to unwind and relax.





It really doesn't matter whether you're a spa connoisseur or trying one for the first time, our highly qualified beauty therapists will offer you a truly individual experience in a stylish, contemporary environment.

Whether you're with us for an hour or a weekend we can tailor treatments to your individual needs. It may be preparation for a special occasion, getting ready for a holiday, relieving the pressures of everyday life or simply giving yourself a treat because you deserve it.

The facilities at **The Spa** are second to none. From the moment you enter, the sophisticated interiors will begin to relax your body and mind.

The bright changing rooms have private lockers to leave your everyday possessions behind and enter a world of indulgence.

A good place to start to unwind is the hydrotherapy pool. Step into the warm waters and let the bubbles gently massage your back or let the fountains ease away the tension from your neck and shoulders.

Your spa journey continues into the relaxing treatment rooms. There's something for everyone here with dozens of different treatments available. Whether its a simple facial or a full body treatment and massage you'll leave feeling refreshed and ready to face the world again.

“The staff were fabulous and the treatments amazing”

All treatments are described in detail on the individual inserts contained in the pocket at the back of this brochure.





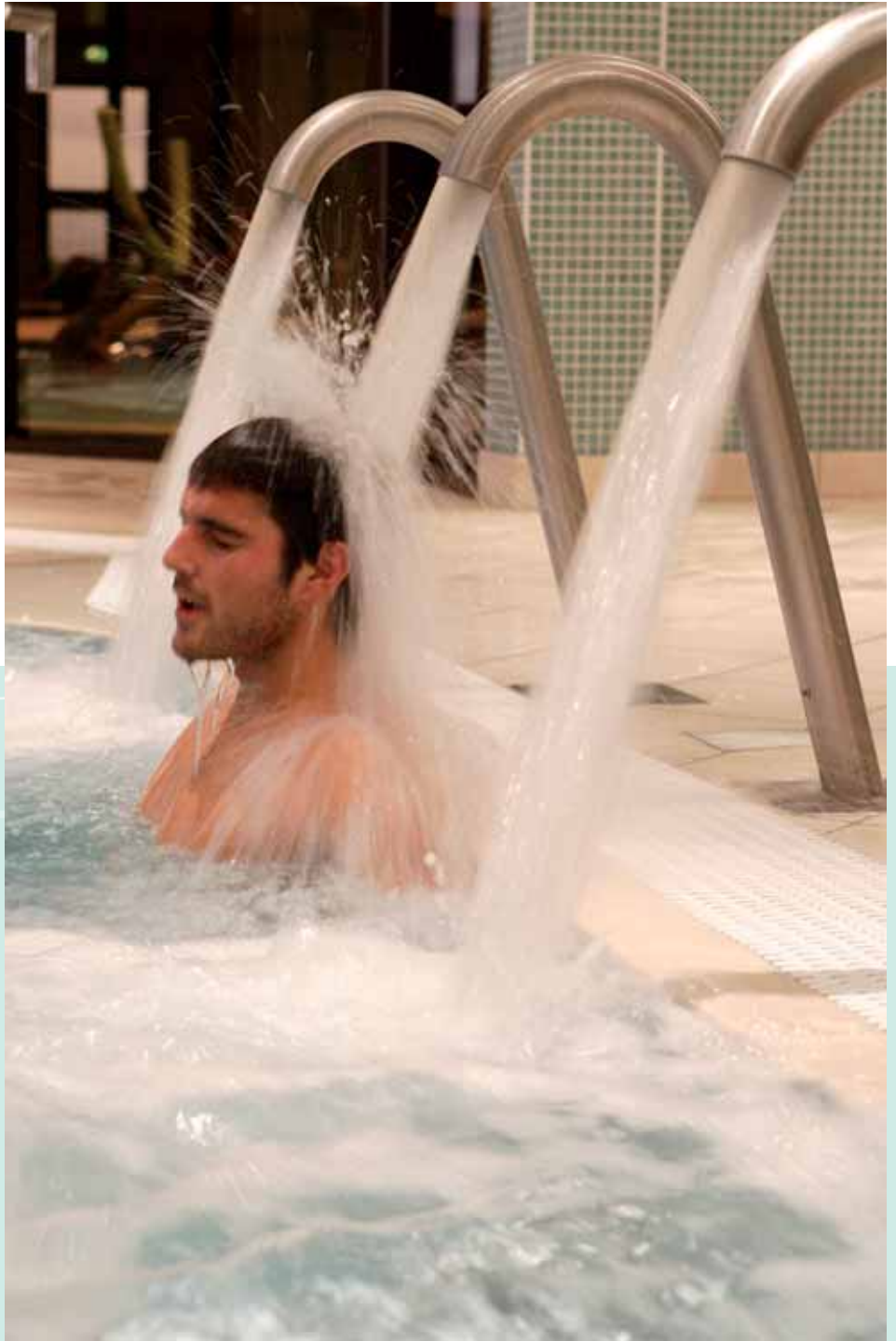
To complete your experience at **The Spa** we have a host of beauty treatments to ensure you leave us looking and feeling like a star.

Why not treat yourself to a manicure or pedicure or a personalised make-up application to get you ready for that special occasion. Our St Tropez full body tan will give you a natural looking sun kissed look. Luxury waxing is also available, the treatment is finished with an application of light moisturising balm to leave the legs luxuriously smooth and soft.



“Why should it be only women who get to feel this good”

At **The Spa** we have developed a range of treatments specifically formulated for men. These include face treatments, hot stone therapy, cleansing back treatments as well as aromatherapy sport and fitness massage.



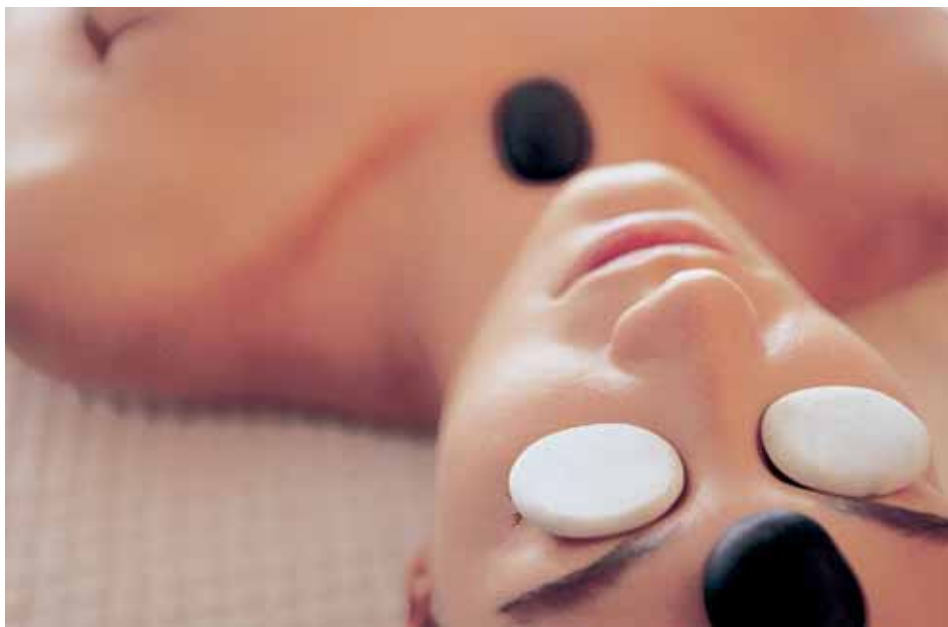
To complement the skills of our experienced beauty therapists we have brought together a collection of leading products from ESPA, St Tropez and Creative. Combining Science and Nature each product is designed to enhance our extensive range of treatments and therapies.

ESPA

It is the most natural form of self-interest to look after your skin and body. It is not a matter of superficial beauty, although we all know we feel better when we look better. More importantly it is about healthy living, looking after our bodies so that we live more fulfilled lives. This is not a modern fad, it is wisdom that has been passed down from age to age. The treatments we use, and the products that are part of those treatments are based on traditional knowledge updated by advances in modern science.



“There was a great selection of Products that leave you feeling invigorated”





The Spa

at Burntwood Court
 beauty and relaxation

Centrally located between Barnsley, Doncaster, Pontefract and Wakefield, approximately seven miles from each, The Hotel at Burntwood Court offers an ideal venue for business gatherings in Yorkshire. The rural location and landscaped grounds make it a pleasant setting for both business or social events.

Access to Burntwood Court is via the M1 at junction 36, follow the A6195 (Doncaster) onto the B6273.

A1, junction 37, onto the A635 then turn right onto the B6273.

M62, junction 33 (Pontefract) then onto the A628.

Enjoy the Burntwood Court experience by calling 01226 707097 or faxing 01226 709098

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